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| Welcome | Introduction:  
Good day  
Welcome to today’s lesson plan “People who help us”  
Today we will use old magazines, newspapers or any other pictures available in the houses of Nurses, Doctors, Police, Soldiers, Traffic officers or firefighters.  
We will discuss their role and the uniform they wear making sure that children can understand and be able to identify them. | Talking points:  
Language: talk about the picture  
Help children communicate  
Maths:  
Name and point different colours they wear | ELDA 2: Identity and belonging  
ELDA 3: Communication  
ELDA 4: Exploring maths  
ELDA 5: Creativity  
ELDA 6: Knowledge and understanding of the world | Resources:  
Magazines  
Newspaper  
Old pictures |
| Math’s and free choice play time | Maths: Give children 10 washing pegs and ask them to see how many squares they can make, once they have made them ask them to count how many squares they have, how many pegs do they have left over (You can place a 3D or drawn square on the table so younger children can copy, feel or touch). Place the number, dots, and word card for the numbers one and two on the table, ask the children to find the number two, allow them to trace it with their fingers. Ask them to find the dot and word two (only older children would recognize the word). | Language dev.: Ask the children to talk about all the square things they can see around them | ELDA 2: Identity and belonging  
ELDA 3: Communication  
ELDA 4: Exploring maths  
ELDA 6: Knowledge and understanding of the world | Resources:  
10 Washing pegs  
Crayon / marking pen  
Paper  
3D square shape  
6 A4 papers to make the number, dot and word card |
|---|---|---|---|---|
| 30 Seconds | **Maths** | **Language dev.** | **ELDA 2**: Identity and belonging  
**ELDA 3**: Communication  
**ELDA 4**: Exploring maths  
**ELDA 6**: Knowledge and understanding of the world | **Resources**:  
10 Washing pegs  
Crayon / marking pen  
Paper  
3D square shape  
6 A4 papers to make the number, dot and word card |
| Game | **Create 3 Three stations**  
1. Step and catch  
2. Egg and spoon  
4. Sack races  
Allow children to choose the resource they want to start with, Remind the children that they should at least try everything and give each other a chance. Give a signal such as clapping your hands to help them change activities. You can all enjoy the activities together at home as a family. | **Language dev.**  
Describe what children are doing using the correct action and position in space words  
**Maths**: Get the children to count how many steps, jumps, or time they take / make | **ELDA 2**: Identity and belonging  
**ELDA 3**: Communication  
**ELDA 4**: Exploring maths  
**ELDA 6**: Knowledge and understanding of the world | **Resources**:  
Step and catch – you can use a piece of large wood, small peace to put under (in the middle) the large one and a homemade bean bag (any beans, rice or samp and put inside an old sock and saw it close).  
Egg and spoon – we will use a homemade plastic ball and an old spoon, preferably a wooden spoon or any other that you can use.  
Sack races – we will use old pillow cases, empty mealy meal bags - work equally well |
| Pack up | Help children pack up the resources in a safe place so that they can use them again next time. |  |  |