

# Let's play, learn and grow together



# Me!



**basic education**

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



for every child

# Let's play, learn and grow together

**I am me. I am special. My family loves me very much.**



When a child is newly born, she or he sees, hears and learns many things.

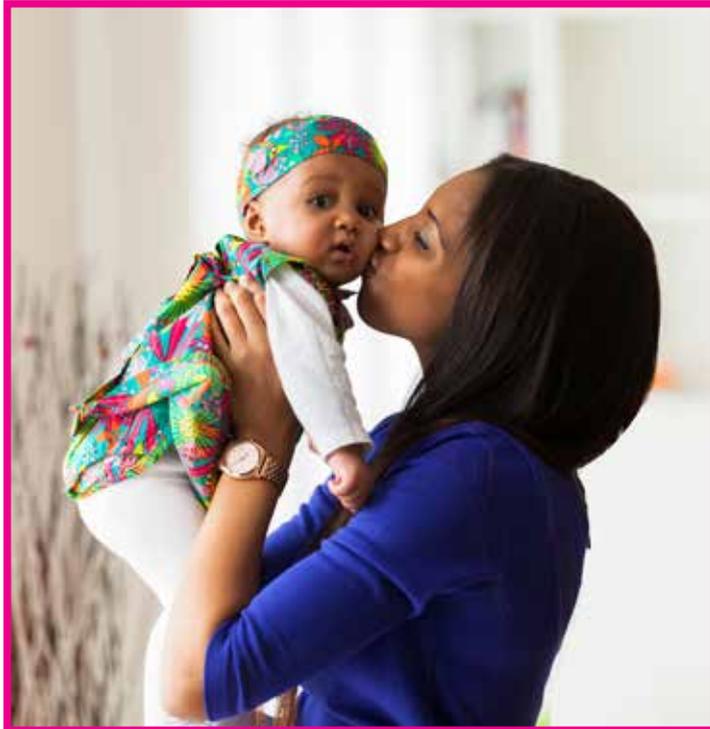
Most early development learning takes place from birth to three years.

Positive experiences like cuddling and talking contribute to the development of a child's brain.

**Let's cuddle and talk to our children every day!**

# Let's play, learn and grow together

**I have a beautiful name. It is special.**



Children need to appreciate their names.

Children like to draw pictures of themselves.

Children should be told about why their names are special.

**Let's tell our children stories about themselves and their names.**

# Let's play, learn and grow together

## I am a South African child.



Children should be taught about the South African symbols.

Every South African child should have a birth certificate.

Children should be taught early in their lives about their South African identity.

**Let's talk to our children about their heritage, and where they come from in South Africa!**

# Let's play, learn and grow together

## Healthy food helps my brain to grow big and strong!



A child's brain grows very rapidly from birth to three years.

Good nutrition is very important for brain development.

Every child should have lots of nutritious food every day.

**Let's give our children well-prepared, healthy food every day!**

# Let's play, learn and grow together

## I can help my family.



Young children sometimes like to participate in adult chores.

Young children are not usually aware of gender roles.

Children enjoy being part of family activities in a playful way.

**Let's encourage our children to play around the home!**

# Let's play, learn and grow together

## When I am sick, my family looks after me.



New-born children get their “Road to Health” cards.

Parents should keep the “Road to Health” card in a safe place.

Young children should be taken to medical facilities for health checks and the necessary immunizations.

**Let's ensure that our children get their health check-ups regularly.**

# Let's play, learn and grow together

**I love to draw, and to paint, and to “write”.**



When children start learning to sit, they can grip sticks and pencils.

At an early age, young children like to scribble on surfaces.

Children feel encouraged to develop writing skills when they are praised for scribbling, drawing or painting.

**Let's provide our children with opportunities to scribble, paint or draw.**

# Let's play, learn and grow together

## I love to play with numbers and patterns.



When they are learning to speak, children like to count things around them.

Children identify patterns and shapes in their environment.

Through matching activities, children can recognize numbers and shapes.

**Let's draw and talk about patterns and shapes with our children.**

# Let's play, learn and grow together

## I love to listen to stories!



Children enjoy being told stories.

The stories can be about their families, themselves, or where the family lives.

Children enjoy it when stories are read to them.

**Let's spend time reading  
and telling our children  
stories.**

# Let's play, learn and grow together

**I like to talk and sing and laugh.**



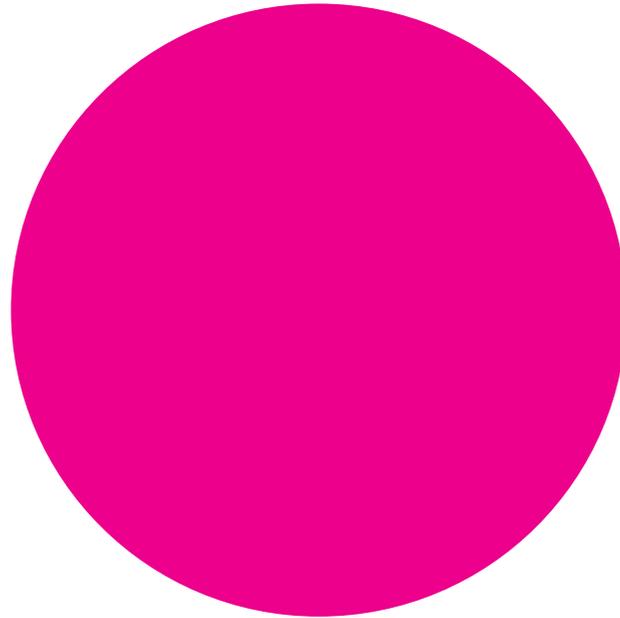
Singing encourages children to learn new words.

Dancing can be used as a form of exercise for children.

Talking to children helps them to develop a sense of belonging.

**Let's find time to talk,  
sing and dance with our  
children!**

# Let's play, learn and grow together



## circle

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